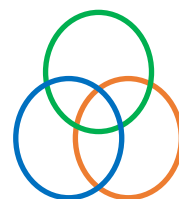


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Circles of Wellness

INVESTMENT IN YOU - PRICELESS!

Calling Female Veterans!!



The transition from active duty, to civilian life can be a daunting process. Social interactions, Expectations within the workplace, the absence of Camaraderie, as previously experienced - all are quite different from the lived experience as a uniformed officer. The transition is almost indescribable, and often less understood - except, when expressed with a fellow Female Veteran.

"She-Veteran"

is a *Sister Circle* that embraces women transitioning from active duty, or have transitioned to civilian life within 2yrs. Exploration and support is provided around adjustment to daily family life, civilian employment, the process of VA claims, traumatic experiences during active duty service (combat zones, sexual assault, non-combative zone accidents, etc), and other lived experiences encompassed within the transition from active service.

TAKE A COUPLE HOURS EXCLUSIVELY FOR YOU!
RESTORE, REFRESH, REDEFINE!

Dr. Nyiema Carter

Licensed Clinical Psychologist :: PSY25623

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